

# Academic Year 2020-2021: Module Plan – Year 7

Staffing/ Groups			Girls 1		Girls 2		Boys 1		Boys 2	
			Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2
			HSE		HLM		IRS		TK	
		HLM		HSE		TK		IRS		
Theory Topic	Dates/Week/Module	Weeks	Activity							
Routine	<b>Module 1</b> (w/c: 7 <sup>th</sup> Sept 2020)	7	Rounders	Badminton	Badminton	Rounders	Cricket	Football	Football	Cricket
	<b>October Half-term (24/10/20 – 01/11/20)</b>									
Warm ups and cool downs	<b>Module 2</b> (w/c: 2 <sup>nd</sup> Nov 2020)	7	Football	Music and Movement	Music and Movement	Football	Badminton	Hockey	Hockey	Badminton
	<b>Christmas Holidays (19/12/20 – 03/01/21)</b>									
Effects of Exercise	<b>Module 3</b> (w/c: 4 <sup>th</sup> Jan 2021)	6	Netball	Fitness	Fitness	Netball	Basketball	Fitness	Fitness	Basketball
	<b>February Half-term (13/02/21 – 21/02/21)</b>									
	<b>Module 4</b> (w/c: 22 <sup>nd</sup> Feb 2021)	6	Hockey	Basketball	Basketball	Hockey	Netball	Music and Movement	Music and Movement	Netball
	<b>Easter Holidays (03/04/21 - 18/04/21)</b>									
Muscles	<b>Module 5</b> (w/c: 19 <sup>th</sup> April 2021)	6	Athletics		Athletics		Athletics		Athletics	
	<b>May Half-term (29/05/21 – 06/06/21)</b>									
	<b>Module 6</b> (w/c: 7 <sup>th</sup> June 2021) (incl. sports day and prep)	7	Rounders	Cricket	Cricket	Rounders	Tennis	Touch Rugby/ Atomic Tag	Touch Rugby/ Atomic Tag	Tennis
	<b>Summer Holidays (22/07/21 - September)</b>									

<b>Courts</b>	<b>Lower Pitch</b>	<b>Top Pitch</b>	<b>Dance Studio</b>
<b>Sport Hall</b>	<b>Old Gym</b>	<b>Fitness Suite</b>	<b>Main Hall</b>