

GLOBAL ADVENTURE WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	MEXICAN Chicken Molay Mexican Yellow Rice * Green Beans	CHINESE Sweet and Sour Chicken Beggars Noodles Wok Tossed Oriental Vegetables	British Roast Beef Roast Potatoes (oil) Broccoli Carrots	MEXICAN Chicken Tinga Tortilla Tomato and Corn Rice Apple Slaw	BRITISH Home-made Battered Fish Fillet Chips (oil) Baked Beans OR Peas
HIGH STREET FAVES	DEEP SOUTH DINER Bacon Mac n Cheese	WINGS & THINGS Lemon Piri Chicken Pitta	DEEP SOUTH DINER Ultimate Cheese Burger	WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco	DEEP SOUTH DINER Deep South Turkey Burger
	Cajun Bean and Feta Burger	Smoky Cauliflower Cheese	Sweet Potato & Squash Stew	Sweetcorn Chickpea Veggie Burger	Boston Bean Casserole
	Paprika Potato Wedges (no oil)	New Orleans Red Bean Rice	Cajun Potato Wedges (no oil)	Potato and Onion Hash	Chips (oil)
	BBQ Beans	Chop Chop Salad	Peas	Caesar Salad	Corn Slaw
SPEEDY ITALIAN	Veggie Supreme Pizza (v)	3 Cheese Sicilian Pizza (v) 93135631	Hawaiian Pizza	Beef Lasagne	Veggie Hot One Pizza (v)
	Toastie & Panini Soup	Pasta Pasta Herby Tomato & Bolognese Smoky Chicken Pasta	Hot Dogs & Wedges Soup	Pasta Pasta Herby Tomato & Chicken Veg Bolognese Pasta (v)	Take Away Friday
	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v) Bacon Pizza	Margherita Pizza (v)
	Wholegrain * Oily Fish ***				

GLOBAL ADVENTURE WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	MEDITERRANEAN Moroccan Style Chicken Stew Spiced Cous Cous Broccoli	CHINESE Five Spiced Beef Chinese Style Rice Sweetcorn	BRITISH Roast Pork Roast Potatoes (oil) Seasonal Cabbage Carrots Gravy	JAPANESE Teriyaki Glazed Chicken Thigh Pineapple Rice * Pickled Cucumber Salad	BRITISH Fisherman's Pie *** (oily fish) Peas Fish Chips
HIGH STREET FAVES	DEEP SOUTH DINER New York Hot Dog	WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco	DEEP SOUTH DINER Beef Burger	WINGS & THINGS Chicken Mayo Bun	DEEP SOUTH DINER Chipotle Bbq Pork
	Louisiana Bean Pot	Cauliflower and Creamed Corn Bake	Sweet Potato & Black Bean Enchilada	Butternut Squash Feta Bake	Quorn Sausage Pattie & Cheese Bun
	Paprika Potato Wedges (no oil)	Garlic Bread* (no oil)	Baked Garlic & Herb Potato Wedges (no oil)	Cajun Potato Wedges (no oil)	Garlic Fries
	Red Slaw	Southern Greens	Peas	Corn on the Cob	American Style Slaw
SPEEDY ITALIAN	Veggie Hot One Pizza (v)	Chicken Supreme Pizza	Veggie Supreme Pizza (v)	Bacon Pizza	Sicilian Cheese & Tomato Pizza (V)
	Toastie & Panini Soup	Pasta Pasta Herby Tomato & Bolognese Smoky Chicken Pasta	Hot Dogs & Wedges Soup	Pasta Pasta Herby Tomato & Chicken Veg Bolognese Pasta (v)	Take Away Friday
	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)
	Wholegrain * Oily Fish ***				

GLOBAL ADVENTURE WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	<p style="text-align: center;">INDIAN</p> <p style="text-align: center;">Curried Pulled Pork Flatbread</p> <p style="text-align: center;">Spiced Sweet Potato</p> <p style="text-align: center;">Cucumber Raita</p>	<p style="text-align: center;">CARIBBEAN</p> <p style="text-align: center;">Cuban Style Chicken</p> <p style="text-align: center;">Wholegrain Rice *</p> <p style="text-align: center;">Peas</p>	<p style="text-align: center;">British</p> <p style="text-align: center;">Roast Turkey</p> <p style="text-align: center;">Roast Potatoes (oil)</p> <p style="text-align: center;">Broccoli</p> <p style="text-align: center;">Carrots</p>	<p style="text-align: center;">THAI</p> <p style="text-align: center;">Chicken Pad Khing</p> <p style="text-align: center;">Sweetcorn</p>	<p style="text-align: center;">BRITISH</p> <p style="text-align: center;">Home-made Battered Fish Fillet</p> <p style="text-align: center;">Chips (oil)</p> <p style="text-align: center;">Baked Beans OR Peas</p>
HIGH STREET FAVES	<p style="text-align: center;">DEEP SOUTH DINER</p> <p style="text-align: center;">Beef Chilli</p>	<p style="text-align: center;">WINGS & THINGS</p> <p style="text-align: center;">Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco</p>	<p style="text-align: center;">DEEP SOUTH DINER</p> <p style="text-align: center;">Quorn Cheese Burger</p>	<p style="text-align: center;">WINGS & THINGS</p> <p style="text-align: center;">Chicken Caesar Burger</p>	<p style="text-align: center;">DEEP SOUTH DINER</p> <p style="text-align: center;">Cajun Pulled Pork & Bean Pitta</p>
	Smoked Houmous and Vegetable Wrap	<p style="text-align: center;">Veg & Bean Quesadilla 93086623</p>	<p style="text-align: center;">Loaded Triple Mac 'N' Cheese 93129233</p>	<p style="text-align: center;">Bean and Vegetable Chilli 93127708</p>	<p style="text-align: center;">Feta and Chickpea Cake with Salsa 93086621</p>
	Lemon and Herb Piri Rice	<p style="text-align: center;">Pasta Salad * 93122369</p>	<p style="text-align: center;">Baked Garlic & Herb Potato Wedges (no oil) 93157067</p>	<p style="text-align: center;">Paprika Potato Wedges (no oil) 93157066</p>	<p style="text-align: center;">Chips (oil) 93124814</p>
	Corn on the Cob	<p style="text-align: center;">House Slaw 93129626</p>	<p style="text-align: center;">BBQ Beans 93129227</p>	<p style="text-align: center;">Chop Chop Salad 93153242</p>	<p style="text-align: center;">Pineapple Coleslaw 93154276</p>
SPEEDY ITALIAN	Veggie Hot One Pizza (v)	<p style="text-align: center;">3 Cheese Sicilian Pizza (v) 93135631</p>	<p style="text-align: center;">Mushroom & Sweetcorn Pizza (v) 93147170</p>	<p style="text-align: center;">Sicilian Cheese & Tomato Pizza (V) 93137894</p>	<p style="text-align: center;">Cajun Chicken Sizzler Pizza 93128496</p>
	Toastie & Panini Soup	<p style="text-align: center;">Pasta Pasta Herby Tomato & Bolognese Smoky Chicken Pasta</p>	<p style="text-align: center;">Hot Dogs & Wedges Soup</p>	<p style="text-align: center;">Pasta Pasta Herby Tomato & Chicken Veg Bolognese Pasta (v)</p>	<p style="text-align: center;">Take Away Friday</p>
	Margherita Pizza (v)	<p style="text-align: center;">Margherita Pizza (v)</p>	<p style="text-align: center;">Margherita Pizza (v)</p>	<p style="text-align: center;">Margherita Pizza (v)</p>	<p style="text-align: center;">Margherita Pizza (v)</p>
	Wholegrain * Oily Fish ***				